

Adventure Activities - sources of written good practice information

This table is designed to help inform people of sources of written good practice information. It may be updated from time to time. If you have suggestions for this table please submit them via <http://www.supportadventure.co.nz/contact-us> . Never rely solely on written information, use technical expert advice to ensure it is interpreted correctly for the context of your operation.

Except where a good practice document is linked to a legal requirement, there is no weighting or hierarchy. When deciding how much to rely on a document consider the following:

- Is it a linked to a regulatory requirement?
- Is it informed by suitable experts?
- Is it current?
- Do the majority of New Zealand operators support the document as representing good practice?
- Does it cover all relevant topic areas? (if not ensure you access information for those areas missed)

Activity Safety Guidelines are considered to be a reliable source of good practice information.

For more information on good practice see <http://www.supportadventure.co.nz/activity-specific-good-practice-information> and <http://www.business.govt.nz/worksafe/about/what-we-do/adventure-activities/good-practice-adventure-activities>

	Sources of good practice	
Adventure Activity	Activity Safety Guideline (ASG)	Other sources such as related ASGs, standards, codes of conduct or practice, factsheets and guidelines
Abseiling	Abseiling	Outdoor Activities: Guidelines for Leaders, 2009 – abseiling
Bridge Swinging	High wire and swing	
Bungy jumping		ASG: High wire and swing AS/NZS 5848:2000 Code of practice for bungy jumping

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Caving	Caving	Outdoor Activities: Guidelines for Leaders, 2009 – caving
Canyoning	Canyoning	Outdoor Activities: Guidelines for Leaders, 2009 – canyoning
Canyon swinging	High wire and swing	
Coasteering	Coasteering (under development)	Outdoor Activities: Guidelines for Leaders, 2009 – sea coast traversing
Free diving		ASG: Diving Outdoor Activities: Guidelines for Leaders, 2009 – scuba diving AS/NZS 2299.3:2003 Occupational diving operations – Recreational industry diving and snorkelling operations MNZ safety guidelines for commercial vessels involved in swimming operations Western Australia adventure activity standards – snorkelling and wildlife swims ISO 13289 Recreational diving services – Requirements for the conduct of snorkelling excursions ISO 24803:2007 Recreational diving services – requirements for recreational scuba diving service providers
Glacier walking		Outdoor Activities: Guidelines for Leaders, 2009 – mountaineering MSC alpine skills manual MSC guidelines and recording standards for weather, snowpack and avalanche observations MSC avalanche awareness in the New Zealand backcountry
Heli-skiing	Heli-skiing	NZ Heliski Operators Group ‘Code of Practice’

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High rope course crossings	High wire and swing	MBIE Factsheet: Zipline attachment safety, 2013 Outdoor Activities: Guidelines for Leaders, 2009 – high ropes course
High wire crossing	High wire and swing	MBIE Factsheet: Zipline attachment safety, 2013
Kite surfing		Yachting New Zealand Safety Regulations Part 1
Mountain biking		Outdoor Activities: Guidelines for Leaders, 2009 – mountain biking Queensland adventure activity standards - mountain biking Western Australia adventure activity standards – mountain biking
Mountaineering		ASG: Heli-skiing Outdoor Activities: Guidelines for Leaders, 2009 – mountaineering MSC alpine skills manual MSC guidelines and recording standards for weather, snowpack and avalanche observations MSC avalanche awareness in the New Zealand backcountry
Off-road vehicle driving - vehicles (not motorbikes) with engines greater than 50cc or weighing more than 1000kg	<i>Related</i>	ASG: All-terrain vehicle Automotive Training and Events Association 'Code of Practice, 2012' Queensland adventure activity standards – four wheel driving Western Australia adventure activity standards – four wheel driving

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Open water canoeing		Outdoor Activities: Guidelines for Leaders, 2009 – flatwater canoeing and kayaking Sea Kayak Operators Association of New Zealand ‘Commercial kayaking operator’s code of conduct’ Queensland adventure activity standards – canoeing/kayaking Western Australia adventure activity standards – canoeing/kayaking and sea kayaking
Open water kayaking (ocean and lakes)		Outdoor Activities: Guidelines for Leaders, 2009 – flatwater canoeing and kayaking Sea Kayak Operators Association of New Zealand ‘Commercial kayaking operator’s code of conduct’ Queensland adventure activity standards – canoeing/kayaking Western Australia adventure activity standards – canoeing/kayaking and sea kayaking
Pack and tube rafting		MNZ Maritime Rules Part 81: Commercial Rafting Operations MNZ safety guidelines: Commercial white-water-boarding operations Outdoor Activities: Guidelines for Leaders, 2009 – tubing
Quad bikes and other off road vehicles (not motorbikes) with engines more than 50cc and weighing less than 1000kg	All-terrain vehicles	Outdoor Activities: Guidelines for Leaders, 2009 – quad biking

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River boarding		<p>MNZ Safety Guidelines: Commercial white-water-boarding operations</p> <p>MNZ Maritime Rules Part 81: Commercial Rafting Operations</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – rafting</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – tubing</p>
Rock climbing (outdoors and not on an artificial structure)		<p>ASG: Climbing on Artificial Structures</p> <p>ASG: Abseiling</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – rock climbing</p> <p>Queensland adventure activity standards - rock climbing</p> <p>Western Australia adventure activity standards – rock climbing</p>
Sailing		<p>Yachting New Zealand Safety Regulations Part 1</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – sailing</p>
Scuba diving	Diving	<p>AS/NZS 2299.3:2003 Occupational diving operations – Recreational industry diving and snorkelling operations</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – scuba diving</p> <p>MNZ safety guidelines for commercial vessels involved in swimming operations</p> <p>Western Australia adventure activity standards – snorkelling and wildlife swims</p> <p>ISO 13289 Recreational diving services – Requirements for the conduct of snorkelling excursions</p> <p>ISO 24803:2007 Recreational diving services – requirements for recreational scuba diving service providers</p>

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Snorkelling		<p>ASG: Diving</p> <p>MNZ safety guidelines for commercial vessels involved in swimming operations AS/NZS 2299.3:2003 Occupational diving operations – Recreational industry diving and snorkelling operations</p> <p>Western Australia adventure activity standards – snorkelling and wildlife swims</p> <p>ISO 13289 Recreational diving services – Requirements for the conduct of snorkelling excursions</p>
Snow activities such as skiing and boarding (if done outdoors and outside a patrolled ski area)		<p>ASG: Heli-skiing</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – Nordic skiing</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – snow shelters</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – snow tubing and sliding</p> <p>MSC alpine skills manual</p> <p>MSC guidelines and recording standards for weather, snowpack and avalanche observations</p> <p>MSC avalanche awareness in the New Zealand backcountry</p>
Stand-up paddleboarding (open-water)		<p>Sea Kayak Operators Association of New Zealand ‘Commercial kayaking operator’s code of conduct’</p> <p>MNZ safety guidelines: commercial kayaking and canoeing operations</p> <p>Queensland adventure activity standards – canoeing/kayaking</p> <p>Western Australia adventure activity standards – canoeing/kayaking and sea kayaking</p>

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Stand-up paddleboarding (rivers)		<p>MNZ safety guidelines: commercial kayaking and canoeing operations</p> <p>MNZ draft safety guidelines: commercial paddle craft on the Whanganui River</p> <p>MNZ Maritime Rules Part 81: Commercial Rafting Operations</p> <p>MNZ safety guidelines: commercial white water boarding operations</p> <p>Queensland adventure activity standards – canoeing/kayaking\</p> <p>Western Australia adventure activity standards – canoeing/kayaking and sea kayaking</p>
Trail biking		<p>ASG: All-terrain vehicle</p> <p>Automotive Training and Events Association ‘Code of Practice, 2012’ – contact Shane Cameron shane@offroadnz.co.nz</p> <p>Motorcycle Event Association NZ ‘Code of Practice, 2013’ –contact Greg Power greg@poweradventures.co.nz</p> <p>Queensland adventure activity standards – trail bike touring</p> <p>Western Australia adventure activity standards – trail bike touring</p>
White-water canoeing (including inflatables)		<p>MNZ safety guidelines: commercial kayaking and canoeing operations</p> <p>MNZ draft safety guidelines: commercial paddle craft on the Whanganui River</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – whitewater kayaking</p> <p>Queensland adventure activity standards – canoeing/kayaking</p> <p>Western Australia adventure activity standards – canoeing/kayaking and sea kayaking</p>

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White-water kayaking (including inflatables)		<p>MNZ safety guidelines: commercial kayaking and canoeing operations</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – whitewater kayaking</p> <p>Queensland adventure activity standards – canoeing/kayaking</p> <p>Western Australia adventure activity standards – canoeing/kayaking and sea kayaking</p>
Windsurfing		<p>Yachting New Zealand Safety Regulations Part 1</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – sailing</p>
Ziplines	High wire and swing	<p>MBIE Factsheet: Zipline attachment safety, 2013</p> <p>Outdoor Activities: Guidelines for Leaders, 2009 – flying fox</p>