

BICYCLE CHECKLIST - DURING TOUR

Check each bike at least every other day. Each bike will only take about 2 minutes.
b i k e n u m b e r.

Brakes: Cables, blocks, alignment, effectiveness. _____
Check brake blocks for wear . replace if necessary

Gears: cables, function, wear _____
Ensure all gears work.

Cranks, cracks at pedal thread _____

Bottom Bracket:, neither tight nor loose. _____

Headset, neither tight nor loose * _____
(apply front brake, rock forks, lift front wheel, turn h'bars)

Chain: Check for wear # _____
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Tyres : wear, cuts. _____

Wheels : bearings, tight, loose _____

spokes loose or broken, rim true. _____

Q/R skewer tension _____

Rims, depth of wear/damage _____

Bottle cages / rear rack tight ? _____

Stem / Saddle / h'bars tight ? _____

Clean frame, rims & chain after use _____

* CHECK HEADSETS DURING THE TRIP,
ONE BIKE WAS RETURNED WITH THE HEADSET DANGEROUSLY LOOSE

But a chain wear gauge. If not available in VN inform AKL